**SMC Skin Clinic**

As of Thursday 27th September 2018 the Shepparton Medical Centre will hold a skin clinic once a month with Dr Ed Siaw.

Dr Siaw has completed his accreditation as a skin cancer doctor through the Skin Cancer College of Australasia. He has a Certificate of Skin Cancer Medicine, Certificate of Dermoscopy and an Advanced Clinical Certificate of Dermoscopy. This amounts to about 12 months extra learning in skin cancer medicine and almost 2 years of clinical experience.

Private fees apply.

To book a skin check with Dr Ed Siaw please see one of our reception team members in the clinic or phone reception on (03) 5823 3100.

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**My Marathon Heart Foundation Challenge**

This is one of our workplace teams preparing for a healthy and competitive challenge in the My Marathon Heart Foundation challenge during the month of October.

We hope all of our workplace teams have a bit fun.

#workplace team challenge #DeepFriedMarsBars
Did you know that SMC offers a counselling service?

From its very early beginnings the Shepparton Medical Centre (SMC) has provided a counselling service.

Fran Smullen, an AASW Accredited Mental Health Social Worker is the counsellor who has delivered this service at SMC. Fran is a social worker who has over thirty years’ experience working in rural/country Victoria.

Fran likes to work in a collaborative manner, which values individual’s expertise, wisdom and experience in overcoming problems. People can feel pushed around and disheartened by the problems, worries and concerns that can be experienced in their everyday lives. Good times and not so good times are inevitably part of life. Counselling can help to give meaning to people’s experience, to untangled problems, to find ways forward and develop coping strategies that strengthen an individual’s capacity to manage tough times in life. Counselling provides a safe, neutral environment to explore ways to bring about wanted change.

Fran has extensive experience in assessing and working effectively with people experiencing trauma, loss & grief, depression, worry and anxiety, relationship issues, sexual assault and family violence.

No particular problem occurs in isolation, context always matters, in counselling Fran takes account of the broader factors that impact on individuals' lives.

Please speak with one of our reception team members as fees apply.

Baskets of Joy

Shepparton Medical Centre are once again a collection point for baskets of Joy on behalf of The Community Fund Goulburn Valley.

SMC Updated Billing Policy

As of Monday 17th September 2018 Shepparton Medical Centre have updated their billing policy.

For further information please see one of our reception team members or visit our website for further details www.shepmed.unimelb.edu.au